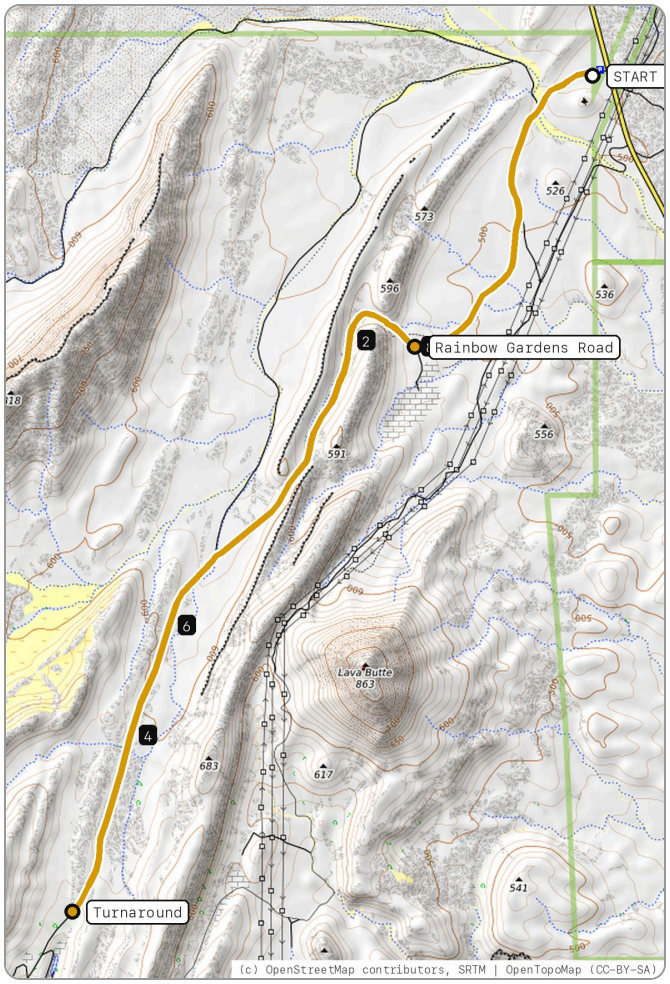
RIDE 46 · RAINBOW GARDENS / FRENCHMAN MOUNTAIN · EASY ·

Sun Up

An easy out-and-back on graded Rainbow Gardens Road, rolling south into the colored hills and turning around wherever your legs say so.

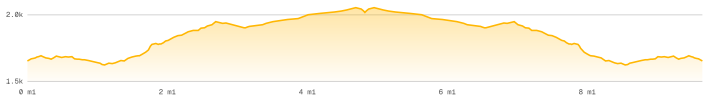
Good to ride today. High 69°F, dry trail.

⚠ **Not yet ridden by us.** This line was routed from OpenStreetMap trail data and hasn't been ridden end to end yet. Trail access and direction can change: check posted signs and the land manager before you ride.



9.7	699	2,054
MILES	FT CLIMB	FT HIGH POINT
1:25	**Low**	
EST. MOVING	CHUNK (0%)	

singletrack 0% · dirt road 100% · pavement 0%



Get the GPS file

Scan with a friend's phone, or tap below. Then open it in your ride app.

https://bsqrd-designs.com/dirt/sun-up/

GETTING THERE

Park at Rainbow Gardens North Staging Area

E Lake Mead Blvd (SR 147) at Rainbow Gardens Rd, Las Vegas, NV 89156

- BLM dirt pullout on the south side of Lake Mead Blvd, signed for the Sunrise Mountain area. No water, shade or restroom, and car break-ins are reported on this stretch, so leave nothing in sight.
- Start and finish are the same spot. Follow the cue sheet and the arrows on the map.

CUE SHEET

0.0	Rainbow Gardens Road DIRT ROAD via Turnaround	9.7 mi
9.7	Back at Rainbow Gardens North Staging Area	

KNOW BEFORE YOU GO

- Same road both ways, so you can cut it short anywhere and it stays easy. Wide, graded dirt with washboard and a few gravel patches.
- Gentle grades both directions; good first desert dirt ride or a sunrise spin before the heat.
- Bikes stay on approved roads in the Rainbow Gardens ACEC, so no shortcuts down the side tracks.
- No shade and no water. After rain the road can rut badly, so give it a few dry days.

RIDE SMART

- **Water:** plan on about 1.5 L for this ride. There's none on the trail.
- **Signal is spotty.** Tell someone your route and your time back.
- **Emergency:** call 911 and say "Sun Up ride, parked at Rainbow Gardens North Staging Area, Rainbow Gardens / Frenchman Mountain", plus the coordinates from Locate me.
- **Wildlife:** give horses, burros and anything with horns room, and never feed them.
- **Stay on trail.** Desert crust and mountain soil take decades to heal.