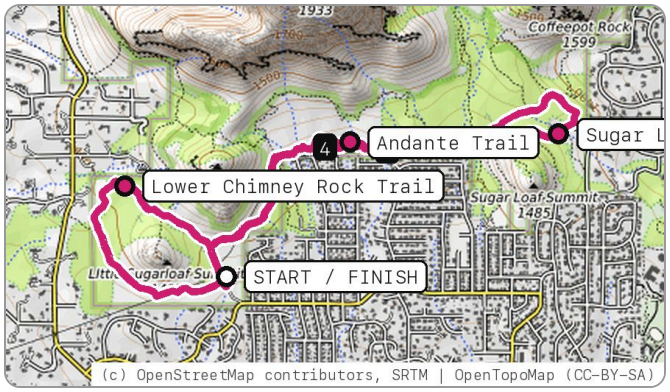
RIDE 66 · SEDONA, ARIZONA · INTERMEDIATE ·

Sugar Rush

Lower Chimney Rock around the base of the rock, Thunder Mountain and Andante east, then a lap of Sugar Loaf and Teacup before the ride back.

Heads up: Recent rain (0.40 in in 48 hrs). If your tires leave ruts, turn around and save it for another day.

⚠ **Not yet ridden by us.** This line was routed from OpenStreetMap trail data and hasn't been ridden end to end yet. Trail access and direction can change: check posted signs and the land manager before you ride.



5	617	4,708
MILES	FT CLIMB	FT HIGH POINT
45 min	**High**	
EST. MOVING	CHUNK (98.3%)	

singletrack 98% · dirt road 0% · pavement 2%



Get the GPS file

Scan with a friend's phone, or tap below. Then open it in your ride app.

https://bsqrd-designs.com/dirt/sugar-rush/

GETTING THERE

Park at Thunder Mountain Trailhead

Thunder Mountain Rd, 0.6 mi east of Dry Creek Rd, Sedona, AZ 86336

- No fee listed: Thunder Mountain Trailhead is not on the Coconino NF list of Red Rock Pass sites (checked Oct 10, 2026). Obey any signs posted at the lot.
- Start and finish are the same spot. Follow the cue sheet and the arrows on the map.

CUE SHEET

0.0	Lower Chimney Rock Trail SINGLETRACK	1.3 mi
1.3	Thunder Mountain Trail SINGLETRACK	0.4 mi
1.7	Andante Trail SINGLETRACK	0.7 mi
2.4	Thunder Mountain Trail SINGLETRACK	0.3 mi
2.7	Sugar Loaf Loop SINGLETRACK	0.5 mi
3.1	Tea Cup Trail SINGLETRACK	0.3 mi
3.5	Thunder Mountain Trail SINGLETRACK	0.2 mi
3.7	Andante Trail SINGLETRACK	0.7 mi
4.4	Thunder Mountain Trail SINGLETRACK	0.6 mi
5.0	Back at Thunder Mountain Trailhead	

KNOW BEFORE YOU GO

- Thunder Mountain and Teacup are the rocky parts: ledges, loose steps and tight turns (OSM mtb:scale 3). Lower Chimney Rock, Andante and Sugar Loaf are smoother.
- Do not take Chimney Rock Pass Trail or the upper Thunder Mountain Trail toward Capitol Butte. On our map data both run along or inside the Red Rock-Secret Mountain Wilderness boundary, which is closed to bikes, so this route rides Andante out and back instead.
- Sugar Loaf Summit and the Chimney Rock summit routes are short hikes. Leave the bike at the bottom or skip them.
- These trails sit right behind West Sedona homes and are busy with hikers. Slow down at every blind corner.
- Red Rock Ranger District trails are shared with hikers and horses, and many were hit by erosion after recent wildfires (Coconino NF). Expect rough, washed-out spots.

RIDE SMART

- **Water:** plan on about 1 L for this ride. There's none on the trail.
- **Signal is spotty.** Tell someone your route and your time back.
- **Emergency:** call 911 and say "Sugar Rush ride, parked at Thunder Mountain Trailhead, Sedona, Arizona", plus the coordinates from Locate me.
- **Wildlife:** give horses, burros and anything with horns room, and never feed them.
- **Stay on trail.** Desert crust and mountain soil take decades to heal.